

French & Breton Dance Week 2019

Led by **Peter Clifton**, with musicians **Richard Heacock & Paul Hutchinson**Plus **Karen Prager** (dancer) & **Christine Pannell** (song tutor)

Welcome to the French and Breton Dance week at Halsway Manor.

We are looking forward to this third event and thought it would be helpful to provide some brief information about the plan for the three days. There is a very rich heritage of dance in France with over 750 dances being regularly performed in Fest Noz (Brittany).

Our objectives include to:

- cover a range of common and not quite so well-known French and Breton dances
- teach basic dance technique for both couple and line dances
- interpret dance through song and music
- provide individual support
- give quality time to revise and practise what is taught.

We have broken the day into 3 main sessions and Richard and Paul will lead some music for dance each evening. Please bring instruments if you want to play during the evening for dancing or in the bar. The Thursday evening dance has been opened to a wider audience.

We have produced a draft plan. It is a content overview and provides a framework for the three days. We will use this and adapt as necessary.

It is helpful to wear appropriate shoes and loose clothes. The hall has a wooden floor, ideally you need shoes which provide some traction but enable the foot to pivot and turn.

Karen will be there the whole of the week to particularly help with couple dancing and leading and following. Christine will be there on Wednesday and Thursday to lead the singing for dance sessions.

We look forward to seeing you, and hope you have a great time!

Peter, Richard & Paul